



Sintotermico Camen Association and International Institute for Restorative Reproductive Medicine



**Dipartimento di
Neuroscienze e Scienze
Riproduttive ed
Odontostomatologiche**

In collaboration with the
University of Naples "Federico II"

They organize the Training course for
Qualified Medical Doctor in Natural Recognition of Fertility
Qualified Midwife in Natural Recognition of Fertility

Presentation of the course

The course is aimed at doctors and midwives to achieve skills and allow the accompaniment of women, enhancing their ability to observe and interpret the signs and symptoms of the menstrual cycle, both in facilitating conception and in avoiding it.

It aims to provide criteria for analytically searching for the causes of both male and female sterility.

It aims to propose specific therapies in pathological situations not by replacing but by repairing the altered functionality.

The collaboration between the Sintotermico Camen Association, the International Institute for Restorative Reproductive Medicine and the University of Naples "Federico II" guarantees a scientific and experiential profile capable of offering high scientific quality, specific experiential skills and international connections capable of maintaining a periodically certificated professional profile.

The course is aimed at all healthcare professionals in order to implement a consultancy network that all Natural Fertility Regulation teachers can turn to when they encounter situations in which there is an altered physiological frame.

The course will be held via videoconference.

1° weekend	24 -25 February
2° weekend	16 -17 March
3° weekend	13 – 14 April

4° weekend	18 – 19 May
5° weekend	08 June

Scientific directors and managers:	Michele Barbato Serena Del Zoppo
------------------------------------	-------------------------------------

Organizational secretariat:	Giovanni Barbato Sonia Nobili Vanni Lodi Rizzini
-----------------------------	--

Scientific Secretariat:	Annunziata Carlea Rosanna Fornaro Giuseppe Fortini Caterina Fulgione
-------------------------	---

Course tutors:	Michele Barbato Maria Boerci Serena Del Zoppo Manuela Fabro Rosanna Fornaro Giovanna Pauciulo Raffaella Pingitore Alessandra Biasio
----------------	--

Scientific Committee:	Michele Barbato (Italy) Phil Boyle (Ireland) Serena Del Zoppo (Italy) René Ecochard (France) Giuseppe Fortini (Italy)	Giuseppe Grande (Italy) Maurizio Guida (Italy) Tracey Parnell (Canada) Bruno Scarpa (Italy) Joseph Stanford (USA)
-----------------------	---	---

Teachers of the course	Michele Barbato Maria Boerci Flavia Bruttini Serena Del Zoppo Manuela Fabro Rosanna Fornaro Giuseppe Fortini Alberto Frigerio Luigi Frigerio Giuseppe Grande Maurizio Guida Roberto Marchesini Carlo Marengi	Agnese Messina Andrea Natale Antonella Nespoli Tracey Parnell Giovanna Pauciulo Giona Plazzotta Laura Noemi Primitz Renzo Puccetti Gabriele Saccone Laura Sarno Bruno Scarpa Maria Svanoni Michele Vignali
------------------------	--	--

C.M.E. – Continuing Medical Education

The event will be accredited to the Ministry of Health with the Synchronous Fad type for surgeons: Gynecology and obstetrics, Endocrinology, Urology, General medicine (family doctors); Pharmacist; Midwife/s; Nurse; Physiotherapist; Biologist. **50 C.M.E. training credits** will be obtained.

The course will take place on the accredited HT Eventi – Virtual Room platform which can be reached at <https://hteventi.salavirtuale.com>

To obtain the attribution of C.M.E. credits it is necessary to participate in the entire duration of the scientific works, for which attendance verification is required, fill in the event evaluation form on the FAD Platform at the end of the course and correctly answer at least 75% of the questions in the learning questionnaire. If credits are obtained, it will be possible to automatically download the C.M.E. credit award certificate at the end of the course.

Provider ID 5458 - HT Events and training s.r.l., via M. D'Azeglio, 39 - 40123 Bologna, Tel 051 473911 Fax 051 331272, E-mail: debora@htcongressi.it www.htcongressi.it .

Detailed Program of the course

First weekend

Saturday 24 February 2024

08:30	<i>Welcome</i>	
09:00	Welcome and presentation of the course	Michele Barbato - Maurizio Guida
09:15	The Sintotermico Camen school and IIRRM introduces themselves	Michele Barbato - Tracey Parnell
09:45	Update on female anatomy and physiology	Gabriele Saccone
10:30	Update on male anatomy and physiology	Giuseppe Grande
11:15	<i>Break</i>	
11:30	Update on Human procreation	Maurizio Guida
12:15	Epigenetics and conception	Giona Plazzotta
13:15	<i>Lunch break</i>	
14:30	Cervical mucus and uterine cervix: biological bases, scientific fundamentals	Michele Barbato
15:30	Basal body temperature: biological bases, scientific fundamentals	Michele Barbato
16:15	How to record signs and symptoms on the chart	Giovanna Pauciulo
16:30	<i>Break</i>	
17:00	From the same symptoms different methods: Billings, Creighton, FEMM, Neofertility	Serena Del Zoppo
18:15	From the same symptoms to the different Symptothermal methods, to the ST Camen method	Michele Barbato
19:30	<i>End of session</i>	

Sunday 25 February 2024

09:00	Teaching methodology, tools, fertility dossier	Agnese Messina
09:30	How to help the NFP* teacher in difficult situations: Leucorrhoea, reduced mucus, continuous mucus, difficult interpretation of the Basal Body Temperature	Serena Del Zoppo / Michele Barbato
10:30	How to help the NFP teacher when the symptom is altered by possible pathologies or therapies	Serena Del Zoppo / Michele Barbato
11:15	<i>Break</i>	
11:30	The ST Camen Biofertility platform: structure and methodology of use. The use of the APP to support users	Agnese Messina – Giuseppe Fortini
12:30	Update Physiology of breastfeeding	Antonella Nespoli (to be confirmed)
13:30	<i>Lunch break</i>	
15:00	Didactic Laboratory on Symptothermic Camen physiological charts	Maria Boerci
15:30	Didactic Laboratory on Billings method physiological charts	Alessandra Biasio
16:00	Didactic Laboratory on Creighton method physiological charts	Raffaella Pingitore
16:30	CME test	
17:00	<i>End of session</i>	

*NFP: Natural Family Planning

SECOND WEEKEND

Saturday 16 March 2024

08:45	Evaluation of the statistical effectiveness of natural methods; critical analysis of literature; our case history	Serena Del Zoppo
09:30	Didactic Laboratory: application of the two modalities of the Symptothermic Camen Method	Manuela Fabro
10:30	The fertile window and the probability of conception (European work group "Fertili")	Bruno Scarpa
11:30	<i>Break</i>	
12:00	LAM (Lactational Amenorrhea Method)	Maria Svanoni
12:30	NFP Symptothermic Camen Rules in breastfeeding	Michele Barbato
13:00	Irregular cycles – Perimenopause	Serena Del Zoppo
13:30	<i>Lunch break</i>	
14:45	NFP Symptothermic Camen Rules in irregular cycles and perimenopause	Michele Barbato
15:15	Couple infertility	Rosanna Fornaro
16:00	Didactic Laboratory: application of the Symptothermic Camen Method in irregular cycles, perimenopause and breastfeeding	Giovanna Pauciulo
16:30	<i>Break</i>	
16:45	Endocrine factor in couple infertility: hyperprolactinaemia and dysthyroidism	Laura Noemi Primitz
17:45	Luteal insufficiency	Raffaella Pingitore
18:45	PCOS*	Serena Del Zoppo
19:30	<i>End of session</i>	

Sunday 17 March 2024

09:00	Ovarian reserve reduction / POF**	Rosanna Fornaro
09:45	Uterine factor in couple infertility: (cervical / endometrial / myometrial)	Serena Del Zoppo
10:30	Tubal factor in couple infertility	Andrea Natale
11:30	<i>Break</i>	
11:45	Pelvic factor in couple infertility (endometriosis, adhesions, ...)	Michele Vignali
12:45	Ovulation induction: when and how? Follicle monitoring	Rosanna Fornaro
13:30	<i>Lunch break</i>	
15:00	Didactic Laboratory on Symptothermic Camen irregular cycles charts	Michele Barbato
15:30	Didactic Laboratory on Billings method irregular cycles charts	Alessandra Biasio
16:00	Didactic Laboratory on Creighton method irregular cycles charts	Raffaella Pingitore
16:30	CME test	
17:00	<i>End of session</i>	

* PCOS: Polycystic Ovary Syndrome

** POF: Premature ovarian failure

THIRD WEEKEND

Saturday 13 April 2024

Participation in the **International meeting on Restorative Reproductive Medicine** is mandatory.

Sunday 14 April 2024

08:45	Male factors in couple infertility: Diagnostic procedure and treatment of the infectious-inflammatory factor of male infertility	Giuseppe Grande
09:45	Hypospermatogenesis and therapy with FSH	Giuseppe Grande
10:45	<i>Break</i>	
12:00	Sexological factor in couple infertility	Maria Boerci
13:30	<i>Lunch break</i>	
14:45	NFP to facilitate conception in infertile couples (NAPRO* – Symptothermic Camen)	Serena Del Zoppo
15:45	Diagnostic use of NFP charts	Serena Del Zoppo/ Michele Barbato
16:45	CME test	
17:15	<i>End of session</i>	

* NAPRO: NATural PROcreation technology

FOURTH WEEKEND

Saturday 18 May 2024

08:45	Nutraceuticals and male infertility: further from the myth, closer to reality	Giuseppe Grande
09:30	Exercise of sexuality, responsible motherhood and fatherhood. Anthropological and ethical issues	Don Alberto Frigerio
11:00	The diagnosis of infertility in the diagnostic approach of Napro and IVF* Centers – Part 1	Rosanna Fornaro
11:30	<i>Break</i>	
11:45	The diagnosis of infertility in the diagnostic approach of Napro and IVF Centers – Part 2	Rosanna Fornaro
12:30	The “Serenità” research	Serena Del Zoppo
13:15	<i>Lunch break</i>	
14:30	Update on IVF techniques	Rosanna Fornaro
15:15	Prenatal and pre-implantation diagnosis	Luigi Frigerio
16:00	New technologies at the service of the NFP to facilitate or avoid conception	Michele Barbato
17:00	<i>Break</i>	
17:30	Lifestyles and female fertility	Michele Barbato
18:15	Nutrition and fertility	Flavia Bruttini
19:30	<i>End of session</i>	

Sunday 19 May 2024

09:00	Therapeutic protocols in female infertility	Michele Barbato / Serena Del Zoppo / Rosanna Fornaro
10:30	Clinical cases	Michele Barbato / Serena Del Zoppo / Rosanna Fornaro
11:00	<i>Break</i>	
11:30	Therapeutic protocols in male infertility	Carlo Marengi / Giuseppe Grande
12:30	Clinical cases	Carlo Marengi / Giuseppe Grande
13:30	<i>Lunch break</i>	
15:00	Didactic Laboratory on Symptothermic Camen infertile couples' charts	Rosanna Fornaro
15:30	Didactic Laboratory on Billings method infertile couples' charts	Alessandra Biasio
16:00	Didactic Laboratory on Creighton method infertile couples' charts	Raffaella Pingitore
16:30	CME test	
	<i>End of session</i>	

*IFV: In Vitro Fertilization

FIFTH WEEKEND

Saturday 8 June 2024

09:00	Psychology and fertility	Roberto Marchesini
11:00	<i>Break</i>	
11:30	Outpatient facility to facilitate conception	Michele Barbato / Serena del Zoppo / Rosanna Fornaro
12:30	Contraception and hormonal risks	Renzo Puccetti
13:30	<i>Lunch break</i>	
14:45	Conclusion and indications for follow-up	
15:00	Didactic Laboratory on Symptothermic Camen charts with pathologies	Serena del Zoppo
15:30	Didactic Laboratory on Billings method charts with pathologies	Alessandra Biasio
16:00	Didactic Laboratory on Creighton method charts with pathologies	Raffaella Pingitore
16:30	CME Test and satisfaction questionnaire	
17:00	<i>End of course</i>	

The final exam to obtain the certificates of "Qualified Medical Doctor in Natural Recognition of Fertility" and "Qualified Midwife in Natural Recognition of Fertility" will be held on a date to be agreed, approximately one month after the end of the course.

Short Profile and CV of the Speakers - To be completed

Further information

All participants may be issued a certificate of participation upon request.

Medical Doctors and Midwives will be able to obtain the certificate respectively
“Qualified Medical Doctor in Natural Recognition of Fertility” and
“Qualified Midwife in Natural Recognition of Fertility”

after passing the specific exam which will be held on a date to be agreed, approximately one month after the end of the course. Listeners will not be able to participate in the final exam.

The Certificates will be valid for 3 years. They can be renewed according to the updating criteria which will be detailed by the Sintotermico Camen Association and IIRRM.

Organization notes

- The registration and participation fee for the course is:
 - €1500.00 + VAT for: Doctors and Specialists;
 - €700.00 + VAT for Midwives or Listeners.

The fee entitles you:

- to participate in all the lessons, and in the didactic laboratories;
- to have the teaching material, to participate in the final exam, the assignment of CMEs (with the exclusion of the Auditors) and the issue of the certificate of participation;
- **to participate at the RRM Conference in presence;**
- to participate in the final exam to obtain the Certificate of “Qualified Medical Doctor in Natural Recognition of Fertility” and “Qualified Midwife in Natural Recognition of Fertility”.

The fee must be paid in this way:

- advance payment (at the time of registration, as registration fee) of €700.00
- balance of the remaining portion by 1 February 2024
- how to pay:
 - bank transfer to Crédit Agricòle IBAN: IT63Z0623001626000015120700 payable to “Eventi STCamen” causal “Doctors course 2024” followed by name and surname.
 - via Paypal, indicating payment@camen.org as the beneficiary address
 - via Satispay, indicating “STCamen Satispay” number +39 3428015176 as the beneficiary.



- The course is limited in number. Registrations will be accepted upon payment of the registration fee and until the maximum number of places is reached.
- In case of cancellation of the course, the fees paid will be fully refunded.
- The registration form must be sent to the Secretariat, together with the receipt of the payments by 01 February 2024.

The Secretariat will be available for any further request for information on Wednesdays and Thursdays from 14:30 to 18:00

Telephone +39 379.2840.933 or by writing to eventi@stcamen.it

